Clinical Image

Abdominal Pain Associated with Neutropenia

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A 57-year-old woman with metastatic leiomyosarcoma started palliative chemotherapy with doxorubicin (20 mg/m 2 day 1-3), ifosfamide (2,500 mg/m 2 day 1-3) and dacarbazine (300 mg/m 2 day 1-3) with mesna (2,500 mg/m 2 day 1-4) uroprotection. Ten days after the sixth cycle, the patient presented with fever and abdominal



Figure 1: Computed tomography of the abdomen and pelvis demonstrated severe edematous wall thickening of bowel with luminal collapse and pericolic stranding (A, horizontal; B, coronal).

pain with direct and rebound tenderness in right abdomen. Laboratory data revealed a severe hematological toxicity, with grade 4 neutropenia (neutrophil count of 20/mm³ with a white blood cell count of 240/mm³) and grade 3 thrombocytopenia (29,000/mm³). Serum chemistries were unremarkable. Computed tomography of the abdomen and pelvis showed severe edematous wall thickening in terminal ileum, ileocecal valve (arrows), cecum, and proximal ascending colon with luminal collapse and pericolic stranding (Figure 1A–1B).

What is the Diagnosis?

1) Appendicitis 2) Typhlitis 3) Bowel ischemia 4) Complicated diverticulitis

Answer and Discussion

Neutropenic enterocolitis, also known as typhlitis or ileocecal syndrome, is a rare, but important, life-threatening abdominal complication of chemotherapy-induced neutropenia, characterized by an inflammatory process afflicting ileum, cecum, ascending colon, and appendix. It may rapidly evolve from abdominal pain and low-grade fever to bowel perforation, multi-organ failure and sepsis. Edematous bowel wall thickening is a key criterion for neutropenic enterocolitis as shown in our case [1,2]. With the mortality of 50 to 100%, early diagnosis and timely, vigorous therapeutic medical and/or surgical intervention are the cornerstones of successful treatment for these patients [2,3].

In this case, the patient was treated with intravenous fluids, broad-spectrum antibiotics, granulocyte-colony stimulating factor, and maintained on NPO (nothing by mouth). The patient clinical condition improved slowly over 2 weeks and made an uneventful recovery. Considering a growing numbers of cancer patients, clinicians should remain vigilant for serious enterocolitis in patient receiving chemotherapy for rapid identification and prompt therapy.

References

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