

Research Article

# Ifn $\beta$ Regulates Human Bone Marrow Derived Mesenchymal Stem Cell Differentiation: Interaction with Canonical Wnt Signaling

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## Abstract

Interferons (IFNs) are multifunctional secreted cytokines involved in antiviral defense, cell growth regulation and immune activation. In addition, IFNs have been reported to play a regulatory role in bone homeostasis and bone resorption. However, the effects of IFNs on osteoblastic cells and bone formation are not clear. In the current study, we demonstrated that IFN $\beta$  decreased Human Bone Marrow derived mesenchymal Stem Cell (hBMSC) proliferation and their osteoblast differentiation but enhanced adipocyte differentiation by inhibiting Wnt signaling. Wnt signaling inhibition was mediated by two mechanisms: up-regulation of Wnt antagonist DKK via canonical IFN signaling and reduction of stabilized nuclear  $\beta$ -catenin via reduced AKT phosphorylation. Targeting IFN $\beta$  signaling in hBMSC is a potential approach to enhance bone formation.

**Keywords:** Human bone marrow derived mesenchymal stem cell; IFN $\beta$ ; Wnt; Bone homeostasis

## Introduction

Osteoimmunology is an interdisciplinary research area focusing on interaction of the immune system with bone and initially transpired due to the close proximity of bone and bone marrow organ. An increasing number of immune related cytokines have been reported to play a regulatory role in bone biology [1,2]. Among these molecules are Interferons (IFNs) which are multifunctional secreted cytokines involved in antiviral defense, cell growth regulation and immune activation. IFNs are categorized into two classes: type I IFN are produced in direct response to virus infection and are comprised of IFN $\alpha$ , IFN $\beta$ , and type II IFN consists of IFN $\gamma$  which is produced in response to the recognition of infected cells by activated T lymphocytes and natural killer cells [3]. All type I IFNs share a common type I IFN receptor whereas IFN $\gamma$  binds to type II IFN receptor [4]. Several studies have demonstrated that IFNs exert direct effects on bone cells. IFNs regulate osteoclast formation and osteoclastic bone resorption [2,5]. IFN $\gamma$  promotes bone formation and rescues osteoporosis-related bone loss in ovariectomized mice [6,7]. IFN $\gamma$  has also been reported to inhibit adipogenesis of Human Bone Marrow derived mesenchymal Stem Cells (hBMSC) in vitro and to prevent bone marrow fat infiltration in ovariectomized mice [8]. Mice deficient in IFN $\alpha$  receptor 1 (IFNAR1) (IFNAR1<sup>-/-</sup>) develop osteoporosis due to enhanced osteoclastic bone resorption [9]. A similar low bone mass phenotype was observed in IFN $\beta$ <sup>-/-</sup> mice [9]. IFN $\beta$  has been reported to inhibit osteoblast-mediated mineralized matrix formation in vitro - effects that were abolished by 1 $\alpha$ -25-dihydroxyvitamin D3 treatment [10, 11].

During the recent years, Wnt signaling has been recognized as the principal signaling pathway regulating osteoblastic cell differentiation and functions as well as bone formation [12]. Wnt signaling determines MSC differentiation fate to osteoblast or adipocyte lineages [13,14].

Patients with inactivating or activating mutations in Wnt coreceptor lipoprotein related receptor protein 5 (LRP5) causing inactivation or activation of Wnt signaling [15] exhibit either osteoporosis (a disease known as osteoporosis-pseudoglioma syndrome) or high bone mass, respectively [16-19]. Finally, in a number of genetic mouse models, inducible increase or decrease in skeletal Wnt signaling resulted in corresponding changes in bone mass [20-23]. The interaction between IFNs and Wnt signaling has been reported in a number of non-skeletal systems. Nava et al. have shown that, in intestinal epithelium cells, IFN $\gamma$  induced Wnt signaling by activating PI3K/AKT/ $\beta$ -catenin pathway and increased expression of DKK1 [24]. Also, IFN $\alpha$  inhibited Wnt signaling in pre-neoplastic rat liver by promoting  $\beta$ -catenin binding to FOXO instead of TCF protein [25] and by upregulating  $\beta$ -catenin nuclear export factor RanBP3 [26]. The interaction of IFN and Wnt signaling in bone has not previously been studied.

In the present study, we investigated the IFN effect on hBMSC proliferation and differentiation and its interaction with Wnt signaling. We demonstrated that among different IFNs, IFN $\beta$  exhibited the most significant inhibitory effect on hBMSC proliferation, osteoblast differentiation but enhanced adipocyte differentiation. These effects were mediated through inhibition of Wnt signaling by upregulating the expression of Wnt antagonist DKK and reducing nuclear  $\beta$ -catenin.

## Material and Methods

### Recombinant proteins, antibodies and conditioned medium

Recombinant human IFN $\alpha$ -2a (Genscript), IFN $\beta$  and IFN $\gamma$  (Peprotech) were reconstituted in 0.1% BSA in 100  $\mu$ g/ml and stored at -80°C for use. Antibodies for total and phospho-AKT (Ser473), total and phospho- $\beta$ -catenin (Ser552) were purchased from Cell

**Supplementary Table 1:** Primers used in this study.

Primer Name	Forward primer (5' to 3')	Reverse primer (5' to 3')
ALP	ACGTGGCTAAGAATGTCATC	CTGGTAGGCGATGTCCTTA
COL1A1	AGGGCTCCAACGAGATCGAGATCCG	TACAGGAAGCAGACAGGGCCAACGTCG
OPN	CCAAGTAAGTCCAACGAAAG	GGTGATGTCTCGTCTGTA
BSP	GATTTCCAGTTCAGGGCAGT	TCCTCTCCATAGCCCAGT GT
CEBPA	CACGAAGCACGATCAGTCC	CATTGCACAAGGCACTGC
PPARG2	TTCTCCTATTGACCCAGAAAGC	CTCCACTTTGATTGCACTTTGG
APM1	TGTTGCTGGGAGCTGTTCTACTG	ATGTCTCCCTTAGGACCAATAAG
AP2	GCCAGGAATTTGACGAAGTC	TGGTTGATTTTCCATCCCAT
LPL	GAGATTCTCTGTATGGCACC	CTGCAAATGAGACACTTTCTC
WNT2B	TCATGCTCAGAAGTAGCCGAGA	TGGCACTTACACTCCAGCTTCA
WNT5A	TTTTTCTCCTTCGCCAGGTTGT	GGCTCATGGCGTTCAACCAC
NKD1	GATGGAGAGAGTGAGCGAACC	CATAGATGGTGTGCAGCAAGC
TNFRSF19.2	CATTTTCATCTCCCTGCTCG	GCCACATTCCTTAGACAACCTCC
CTNNB1	GCTGATTTGATGGAGTTGGACATGG	GCCAAACGCTGGACATTAGTGG
DKK1	TTCCAGCGTTGTACTGTGG	AATAGGCAGTGCAGCACCTT
DKK2	AGCATCTTAACCCCTCACATCC	TTTCCAGCCCATGAGAACC
GAPDH	GGCGATGCTGGCGCTGAGTAC	TGGTTCACACCCATGACGA

Signaling.  $\alpha$ -tubulin antibody and peroxidase-conjugated secondary antibody were purchased from Santa Cruz. Control Conditioned Medium (CCM) and Wnt3a conditioned medium (Wnt3a) were prepared as previously reported [14].

### Cell culture and differentiation

The previous, well characterized hBMSC, which was isolated from a healthy male donor and immortalized by human telomerase approved by local ethics committee [27] was used in this study. The culture and differentiation of hBMSC had been described previously [14]. Briefly, cells were cultured in Minimum Essential Medium (MEM) plus 10% FBS and 1% Penicillin/Streptomycin (Invitrogen). Osteogenic induction medium contains 10mM  $\beta$ -glycerophosphate, 50 $\mu$ g/ml 2-phosphate ascorbate, 10nM dexamethasone and 10nM vit D3. Adipogenic induction medium contains 10%FBS, 10%horse serum, 100nM dexamethasone, 450 $\mu$ M 1-methyl-3-isobutylxanthine (IBMX) (Sigma-Aldrich), 1  $\mu$ M Rosiglitazone (BRL49653) (kindly provided by Novo Nordisk, Bagsvaerd Denmark), 3 $\mu$ g/ml human recombinant insulin (Sigma-Aldrich). In this study, 1ng/ml IFN $\alpha$ ,  $\beta$  or  $\gamma$  were also used in corresponding hBMSC differentiation experiments.

### Cell proliferation assay

Cell proliferation was determined by CellTiter-Blue reagent. Briefly, hBMSC cells were seeded at 3000 cells/cm<sup>2</sup> in 96-well plate with normal culture medium. The next day, attached cell numbers were quantitated by CellTiter-Blue reagent (Promega) according to the instruction as day 0. Medium was changed in the remaining wells to normal culture medium with 0.1%BSA as control or with 1ng/ml or 100ng/ml IFN $\alpha$ ,  $\beta$  or  $\gamma$ . Cell number was quantitated at day 1, 3, 5, 7 and 9 and the medium was changed every three days.

### ALP activity assay and real-time qRT-PCR analysis

Analysis of osteoblastic and adipocytic marker genes have been described previously [14,28]. Briefly, total RNA was isolated

by GenElute<sup>TM</sup> mammalian total RNA miniprep kit (Sigma) and quantitated by Nanodrop as instructed. Up to 1 $\mu$ g total RNA was reverse transcribed by using iScript cDNA synthesis kit (Bio-Rad) and gene expression was analyzed by using fast SYBR<sup>®</sup> green master mix (Applied Biosystem) on Step One Plus<sup>TM</sup> system (Applied Biosystem) according to the manufacturer's protocol. The primers used in this study were listed in supplemental Table 1.

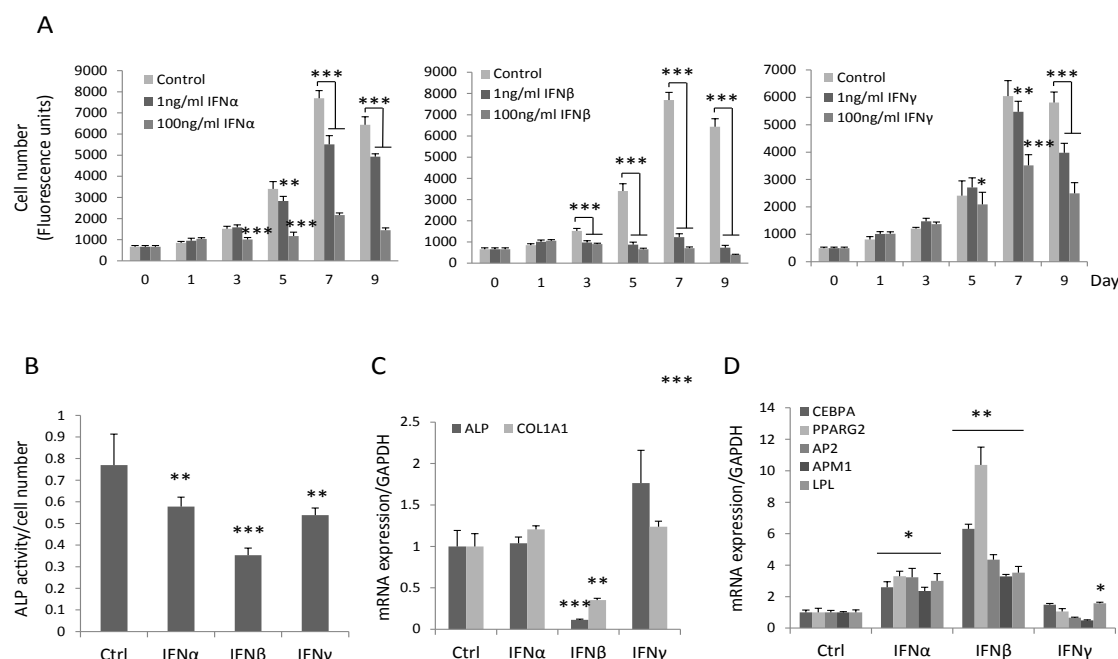
### siRNA knock down

siRNA targeting human type I IFN receptors (IFNAR1 and IFNAR2) and AKT1 (siRNA ID# s7183, s7184, s659 respectively) as well as non-targeting siRNA were purchased from Ambion. 33nM siRNA was reverse transfected by Lipofectamin<sup>TM</sup> 2000 (Invitrogen) according to the instruction.

### Luciferase reporter cell lines and luciferase assay

To establish type I IFN and canonical Wnt luciferase reporter cell lines, hBMSC were first infected with lentivirus expressing Renilla Luciferase (GenTarget Inc.) at multiplicities of infection (MOI) of 25 in the presence of 6 $\mu$ g/ml polybrene, and then selected by 300ug/ml G418 (Invitrogen) for one week. Then cells were infected with Cignal Lenti ISRE Luc Reporter or Cignal Lenti TCF/LEF Luc Reporter (CLS-008L or CLS-018L, SABiosciences) respectively and selected by 0.8ug/ml puromycin for one week and then named as hBMSC-ISRE or hBMSC-TCF respectively.

For luciferase assay, reporter cells were seeded in 96-well plate at the density of 2x10<sup>4</sup> cells/cm<sup>2</sup>. The next day hBMSC-TCF cells were treated with 5% to 50% Wnt3a conditioned medium, or 20% Wnt3a conditioned medium with 1 or 100ng/ml IFN $\alpha$ ,  $\beta$  or  $\gamma$  for 24 hours. To determine IFNAR1 and 2 knocking down efficiency, hBMSC-ISRE reporter cells were transfected by siRNA and treated with 1ng/ml IFN $\beta$  for 24 hours. To examine the effect of IFNAR1 and 2 knocking down on Wnt signaling, hBMSC-TCF cells were transfected by siRNA and treated with 20% Wnt3a conditioned medium plus 1ng/ml IFN $\beta$



**Figure 1:** IFNβ inhibits proliferation, osteoblast differentiation and enhances adipocyte differentiation of hBMSC. (A) hBMSC were seeded in 96-well plate and treated with 1ng/ml or 100ng/ml IFNα, β, γ or vehicle control for 9 days. Cell number was determined by CellTiter-Blue reagent (mean±SD, n=8) on the indicated day. (B-D) hBMSC were cultured in osteoblastic/adipocytic induction medium in the presence of 1ng/ml IFNα, β or γ or vehicle control (Ctrl). ALP activity was quantitated at day 7 (mean±SD, n=8) (B). The mRNA expression of osteogenic (C) and adipogenic markers (D) was analyzed by real-time qRT-PCR and normalized against GAPDH at day 10 (mean±SD, n=3-6). \* P<0.05, \*\*P<0.01, \*\*\* P<0.001 comparing to Ctrl.

for 24 hours. Luciferase activity was determined by dual luciferase assay (Promega) as described.

### Expression analysis of Wnt components

For expression of Wnt components, hBMSC was cultured in 20% Wnt3a conditioned as control or 20% Wnt3a conditioned medium with 1ng/ml IFNβ for three days. Gene expression was analyzed by real-time qRT-PCR [14,28].

### Western blot and immunofluorescence staining

hBMSC was treated with either 0.1% BSA as control or 1ng/ml IFNα, β or γ for 24 hours. Western blot analysis was performed as described [14] and band intensity was quantitated by Image J software and normalized against tubulin. For immunofluorescence staining of nuclear β-catenin, hBMSC was treated with 20% Wnt3a conditioned medium without or with 1ng/ml IFNβ for 2 hours and fixed in PBS buffered formaldehyde (pH 7.0) for 10 minutes followed by incubation with TBS buffered Triton X-100 (pH 7.4) for 10 minutes. After blocking with PBS containing 10% donkey serum for 30 minutes, cells were incubated with anti-β-catenin antibody (1:100 dilution) for 1 hour and then incubated with Alex 488 conjugated donkey anti-Rb IgG (1:500 dilution) for 1 hour and images were taken by Leica fluorescent microscope.

### Statistical analysis

Statistical testing was determined by Student's *t*-test and *P*<0.05 was considered as significant.

## Results

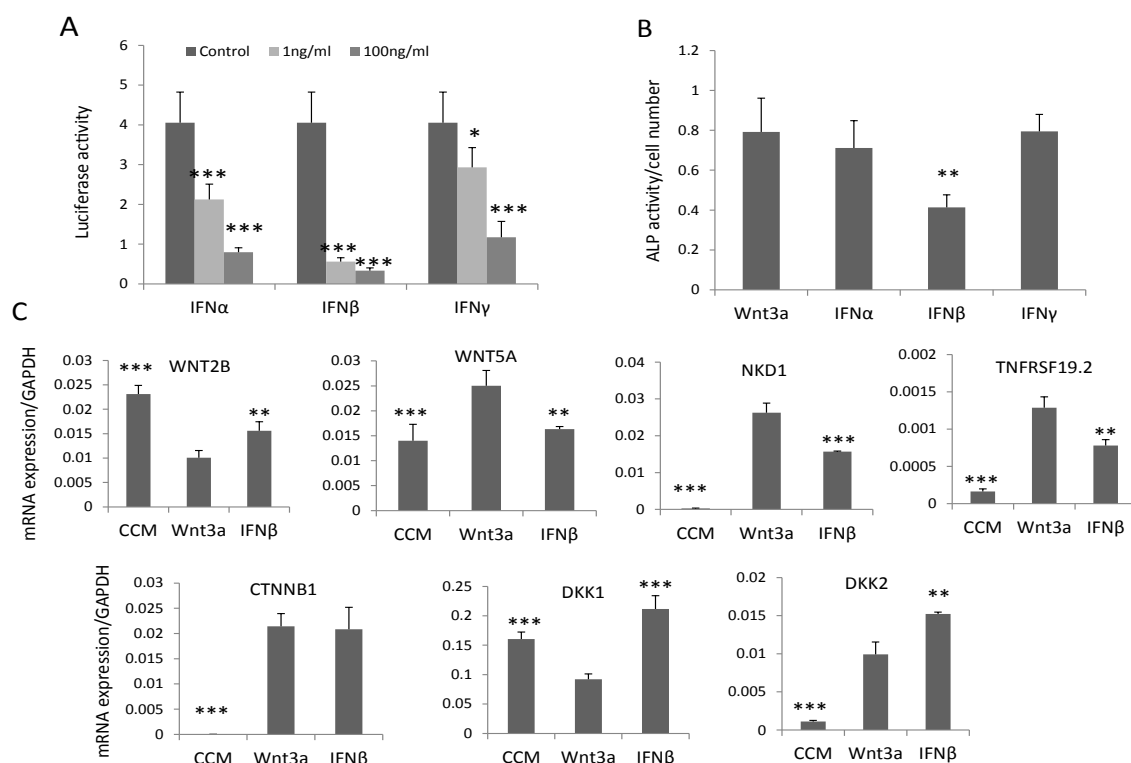
### IFNβ regulates hBMSC proliferation and differentiation

To determine the effect of type I and type II IFN on hBMSC

proliferation, hBMSC were treated with IFNα, β or γ (1ng/ml or 100ng/ml) for 9 days. We observed that IFNβ inhibited hBMSC proliferation at day 3 (*p*<0.001) and there was no difference between the effects of 1 ng/ml or 100 ng/ml IFNβ. The inhibitory effects of IFNα and γ on hBMSC proliferation were first detected at high concentration (100 ng/ml) at day 3 (*p*<0.001) and day 5 respectively (*p*<0.05) (Figure 1A). During osteoblast differentiation, IFNα, β or γ (all 1ng/ml) inhibited early osteoblastic differentiation marker ALP's activity, and among these, IFNβ exhibited the most pronounced effects (Figure 1B). Similarly, IFNβ significantly reduced the steady state gene expression levels of ALP and COL1A1 at day 7 (data not shown) and day 10 (Figure 1C) but not the expression of other osteogenic markers e.g. RUNX2, BSP and osteocalcin (data not shown). In vitro mineralization analysis by using alizarin red staining was not possible in this study due to significant inhibition of cell proliferation by IFNβ. Moreover, no significant inhibitory effects of IFNα and γ on the expression of ALP and COL1A1 were observed (Figure 1C). In contrast, IFNβ increased gene expression of adipocytic markers including CEBPA, PPARG2, AP2, APM1 and LPL (Figure 1D) with more pronounced effects as compared to IFNα and γ. These results demonstrate that IFNβ exerts the most significant effects on hBMSC proliferation and in vitro differentiation.

### IFNβ determines hBMSC differentiation by inhibiting Wnt signaling through Wnt antagonists DKK2

To determine whether IFNβ signaling regulates hBMSC differentiation through interacting with canonical Wnt signaling, we established a stable Wnt luciferase reporter cell line (hBMSC-TCF) by sequentially infecting hBMSC with lentivirus expressing renilla luciferase as internal control and lentivirus containing TCF-



**Figure 2:** IFN $\beta$  inhibits Wnt signaling by upregulation of DKK2. (A) Canonical Wnt luciferase reporter cells hBMSC-TCF were treated with 20% Wnt3a conditioned medium (Wnt3a) as control or Wnt3a plus 1–100ng/ml IFN $\alpha$ ,  $\beta$  or  $\gamma$  for 24 hours. Signaling activity was measured by dual luciferase assay (mean $\pm$ SD, n=5). \* P<0.05, \*\*\* P<0.001 comparing to control. (B, C) hBMSC was treated with 20% Wnt3a alone or Wnt3a plus 1ng/ml IFN $\alpha$ ,  $\beta$  or  $\gamma$  for 7 days for ALP activity quantitation (mean $\pm$ SD, n=8). \*\* P<0.01 comparing to Wnt3a. (C) hBMSC was treated with 20% control conditioned medium (CCM), Wnt3a or Wnt3a plus 1ng/ml IFN $\beta$  (IFN $\beta$ ) for three days and mRNA expression was analyzed by real-time qRT-PCR and normalized against GAPDH. (mean $\pm$ SD, n=3). \*\* P<0.01, \*\*\* P<0.001 comparing to Wnt3a.

firefly luciferase reporter construct. By treating hBMSC-TCF cells with IFN $\alpha$ ,  $\beta$  or  $\gamma$  (1 ng/ml or 100 ng/ml) in presence of Wnt3a conditioned medium (20%), we observed that all IFNs inhibited Wnt signaling but IFN $\beta$  exhibited the most pronounced inhibitory effects and at a lower dose (1ng/ml) (Figure 2A). Concomitantly, IFN $\beta$  (1ng/ml) but not IFN $\alpha$  and  $\gamma$  (1ng/ml) inhibited Wnt3a-induced ALP activity (Figure 2B). In previous studies, we had shown that several components of the Wnt signaling pathway, expressed in hBMSC cells, could be regulated by Wnt3a [14,28,29]. Thus, we determined the effects of IFN $\beta$  on these Wnt components by treating hBMSC with IFN $\beta$  (1ng/ml) for 3 days in presence of Wnt3a conditioned medium (20%). IFN $\beta$  antagonized the effects of Wnt3a treatment on gene expression of Wnt responsive genes. For example, WNT2B and DKK1 [14,29] was downregulated by Wnt3a treatment but was upregulated by IFN $\beta$ . Similarly WNT5A, NKD1 and TNFRSF19 [28,29] that were upregulated by Wnt3a treatment, were down-regulated by IFN $\beta$  (Figure 2C). Unexpectedly, Wnt antagonist DKK2, upregulated by Wnt3a [28], was further up-regulated by IFN $\beta$  treatment. The expression of  $\beta$ -catenin (CTNNB1), the key regulator of Wnt signaling, was not changed by IFN $\beta$  treatment (Figure 2C). These results demonstrate that the inhibitory effect of IFN $\beta$  on Wnt signaling may mediate through Wnt antagonist DKK2.

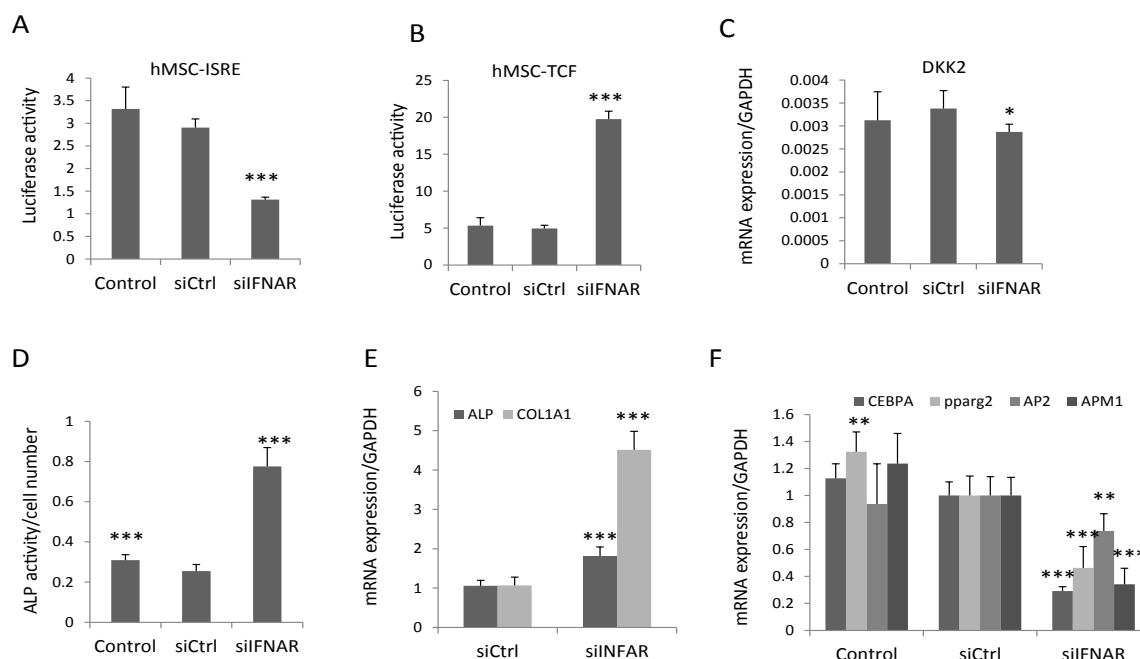
The canonical type I IFN signals through type I IFN receptors (IFNAR1 and IFNAR2) and downstream JAK–STAT proteins [4]. To determine whether IFN $\beta$  regulated Wnt signaling and hBMSC

differentiation through canonical IFN signaling, we blocked the IFN $\beta$  signaling by siRNA-based knock down of both IFNAR1 and IFNAR2 receptors (siIFNAR). The knock-down efficiency was determined by type I IFN luciferase reporter cell line (hBMSC-ISRE). siIFNAR reduced the IFN $\beta$  activity (Figure 3A), rescued the inhibitory effects of IFN $\beta$  on Wnt signaling in hBMSC-TCF cells (Figure 3B), and modestly reduced DKK2 expression (Figure 3C). Additionally, knocking down IFNAR increased ALP activity as well as gene expression of osteoblastic markers (ALP and COL1A1) (Figure 3D, E) and reduced the expression of adipocytic markers (PPARG2, AP2, APM1 and LPL) (Figure 3F) of hBMSC. These results corroborate that IFN $\beta$  regulates hBMSC differentiation through inhibiting Wnt signaling via canonical type I IFN signaling pathway.

### IFN $\beta$ determines hBMSC differentiation by inhibiting Wnt signaling through reduced nuclear $\beta$ -catenin

In addition to its canonical signaling pathway, type I IFN signals through PI3K/AKT pathway [4]. AKT phosphorylates  $\beta$ -catenin at residue Ser552 resulting in a stabilized nuclear-localized active form of  $\beta$ -catenin [30]. The presence of this signaling pathway was demonstrated in hBMSC treated with IFN $\alpha$ ,  $\beta$  or  $\gamma$  (1ng/ml). Western blot analysis revealed that phospho-AKT1 was reduced by IFN $\beta$  (39% of control) and, to a more pronounced degree, by IFN $\gamma$  (13% of control) while IFN $\alpha$  exerted no effects (Figure 4A). Correspondingly, IFN $\beta$  and  $\gamma$  treatment reduced phosphorylation of  $\beta$ -catenin at Ser552 (44% and 62% respectively) (Figure 4A) and IFN $\beta$  reduced nuclear





**Figure 3:** IFN $\beta$  inhibits Wnt signaling and hBMSC differentiation by canonical type I IFN pathway. (A,B) Type I IFN luciferase reporter cells (hBMSC-ISRE) or Wnt luciferase reporter cells (hBMSC-TCF) were reverse transfected with control siRNA (siCtrl) or siRNAs targeting IFNAR1 and IFNAR2 (siIFNAR). hBMSC-ISRE cells were treated with 1ng/ml IFN $\beta$  to determine knock down efficiency (A) and hBMSC-TCF cells were treated with 20% Wnt3a conditioned medium (Wnt3a) plus 1ng/ml IFN $\beta$  for Wnt activity assay (B) (mean $\pm$ SD, n=6 to 8). (C-E) hBMSC was reverse transfected with siCtrl or siIFNAR followed by treated with 20% Wnt3a plus 1ng/ml IFN $\beta$  for three days for DKK2 mRNA expression analysis (C), or followed by osteoblast or adipocyte differentiation in the presence of 1ng/ml IFN $\beta$  for 7-10 days. The ALP activity was measured at day 7 (D) and the mRNA expression of differentiation markers was analyzed by real-time qRT-PCR at day 10 and normalized against GAPDH (mean $\pm$ SD, n=5) (E). In each experiment nontransfected cells with corresponding treatment were used as baseline control. \* P<0.05, \*\* P<0.01, \*\*\* P<0.001 comparing to siCtrl.

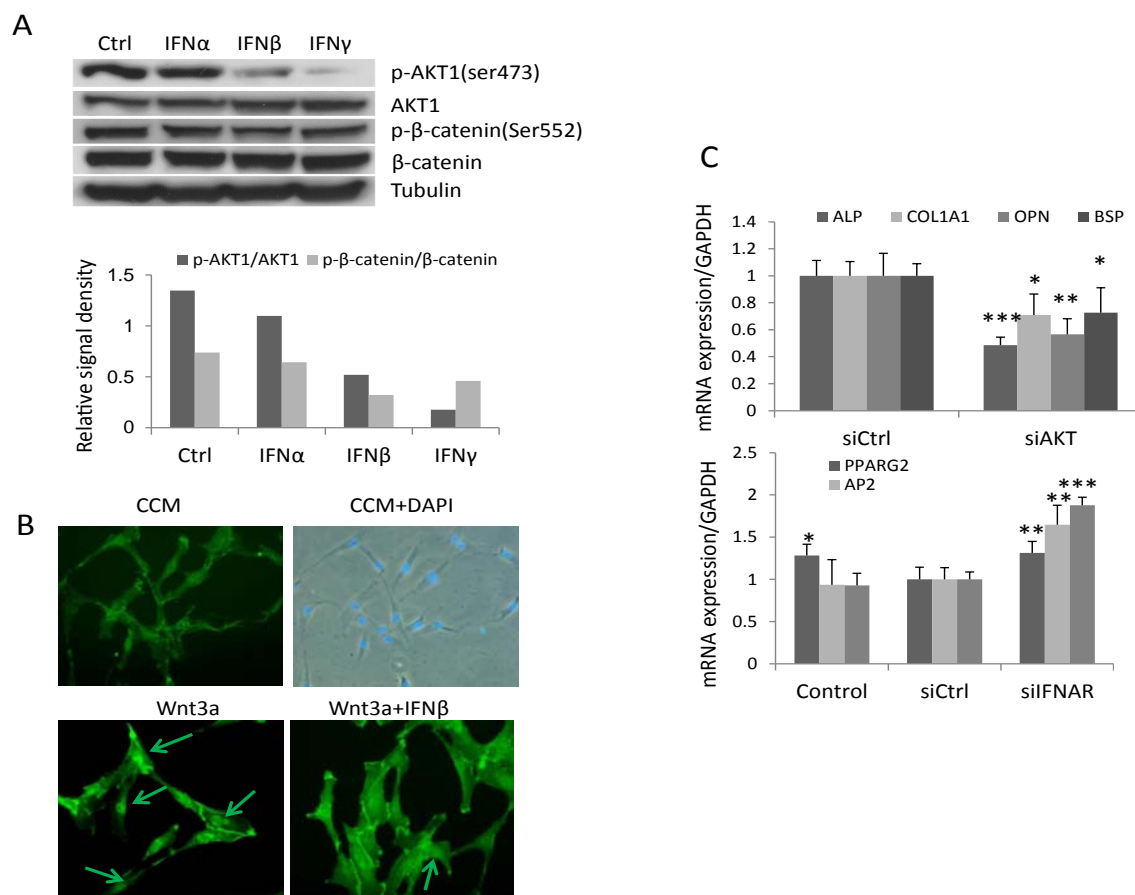
translocation of  $\beta$ -catenin (Figure 4B). Additionally, knocking down AKT1 by siRNA reduced gene expression of osteoblastic markers (ALP, COL1A1, OPN and BSP), and increased the expression of adipocytic markers (PPARG2, AP2 and LPL) (Figure 4C). These results demonstrate that IFN $\beta$  regulates Wnt signaling and hBMSC differentiation by reducing the active form of  $\beta$ -catenin through reduced phospho-AKT1 signaling in hBMSC.

## Discussion

The interaction of immune system with bone cells has been transpired due to the close proximity of immune cells to bone remodeling surfaces, the discovery of an increasing number of immune related cytokines as important regulators of bone cell functions and the deleterious effects of inflammatory diseases e.g. rheumatoid arthritis on the skeleton [1,2]. IFNs are immune factors with important effects on bone cell functions e.g. regulatory effects on osteoclast formation and osteoclastic bone resorption as demonstrated in a number of in vitro and in vivo studies [2,5]. Both IFNAR1<sup>-/-</sup> and IFN $\beta$ <sup>-/-</sup> mice exhibit a severe osteopenia phenotype along with enhanced osteoclastogenesis [9]. In response to osteoclast activation by RANK-RANKL interaction, IFN $\beta$  expression was induced in a c-Fos dependent manner and induced IFN $\beta$ , in turn, functioned as inhibitor of c-Fos to inhibit osteoclastogenesis [9]. RANK-RANKL interaction could also induce IFN $\beta$  expression through NF- $\kappa$ B which triggers nitric-oxide synthase and nitric oxide as an important negative feedback signal during osteoclastogenesis [31]. IFN $\beta$  has additionally been reported to inhibit osteoclastogenesis

by upregulation of the chemokine CXCL11 [32]. Another interaction involved in bone homeostasis regulation by IFN $\beta$  is the interaction of 4-1BBL and 4-1BB inducing the expression of IFN $\beta$  which could be the mechanism underlying the inhibition of osteoclastogenesis by 4-1 BBL signaling [33].

Comparing to the well-studied IFN $\beta$  function in osteoclast differentiation, its function in osteoblast differentiation was less understood. Recently, IFN $\beta$  was observed to modify osteoblast function by inhibiting extracellular matrix synthesis [10,11]. Our study further demonstrates that IFN $\beta$  exerts the most significant effects on hBMSC proliferation and differentiation by interacting with Wnt signaling. We uncovered two possible mechanisms for interaction between IFN and Wnt signaling. First, IFN $\beta$  inhibited Wnt signaling by upregulation of DKK2 through canonical IFN $\beta$  signaling pathway. Second, IFN $\beta$  inhibited Wnt signaling by reducing stable  $\beta$ -catenin through reducing AKT phosphorylation. Bioinformatics analysis of DKK2 promoter did not reveal any IFN $\beta$  responsive elements (data not shown) suggesting IFN $\beta$  may regulate DKK2 expression indirectly and thus needs further characterized. We also observed that both IFN $\beta$  and IFN $\gamma$  inhibited AKT1 and  $\beta$ -catenin phosphorylation and thus reduced stabilized  $\beta$ -catenin in hBMSC. In contrast, IFN $\gamma$  was reported to enhance AKT1 and  $\beta$ -catenin phosphorylation upon short-term exposure in intestinal epithelial cells [24]. This discrepancy may be caused by differences in treatment period, antibody for phosphor-AKT or the cells used. IFN $\alpha$  could inhibit Wnt signaling by targeting  $\beta$ -catenin through FOXO3 or RanBP3 [25,26]. However, both FOXO3 and RanBP3 were not



**Figure 4:** IFN $\beta$  regulates Wnt signaling and hBMSC differentiation by reduced AKT1 and  $\beta$ -catenin phosphorylation. (A) hBMSC were treated with 1ng/ml IFN $\alpha$ ,  $\beta$ ,  $\gamma$  or vehicle as control (Ctrl) for 24 hours for western blot analysis of AKT and  $\beta$ -catenin phosphorylation. Signal density was semi-quantitated by ImageJ software and normalized against tubulin. Result is the representative of three independent experiments.

(B) hBMSC was treated with 20% Wnt3a conditioned medium (Wnt3a) or Wnt3a with 1ng/ml IFN $\beta$  for 2 hours and stained with  $\beta$ -catenin antibody. Images were taken by Leica fluorescence microscopy (Magnification, 200X).

(C) hBMSC were reverse transfected with control siRNA (siCtrl) or siRNA targeting AKT1 (siAKT1) followed by osteoblast or adipocyte differentiation for 10 days. The mRNA expression was analyzed by real-time qRT-PCR and normalized against GAPDH (mean $\pm$ SD, n=3). Nontransfected cells with corresponding treatment were used as baseline control. The expression level in siCtrl was set to 1 (D). \* P<0.05, \*\* P<0.01, \*\*\* P<0.001 comparing to siCtrl.

expressed or expressed at extremely low levels in our hBMSC cell line (unpublished microarray data), therefore IFN $\beta$  may not use these two mechanisms in our cells to regulate Wnt signaling. Our studies were performed in 2D cell culture system, whether IFN $\beta$  has similar effect on hBMSC cultured in 3D system need to be explored.

Due to the IFN $\beta$  action on bone resorption [2], IFN $\beta$  could be a therapeutic target to restore the dysregulated bone homeostasis in many diseases including osteoporosis, rheumatoid arthritis and metabolic cancer. However, a placebo controlled clinical phase II study of IFN $\beta$  in the treatment of patients with active rheumatoid arthritis failed to show an improvement in radiological scores or biomarkers of bone resorption [34]. Clinically, IFN $\beta$  has approved treatment for the relapsing forms of multiple sclerosis, which has a high risk of low bone density [35]. In an open-label pharmacodynamics study, IFN $\beta$  treatment has shown to induce complex, specific and time-dependent changes in the expression of markers of both bone resorption and bone formation [36]. However, bone mineral density could not be measured in this study. Thus far, two studies have been performed to investigate the effect of IFN $\beta$  treatment on bone mineral density in multiple sclerosis. One study showed that IFN $\beta$  favored bone mineral

density [37] but another study showed no effect on bone mineral density [38]. Together with our data, IFN $\beta$  could be a therapeutic target for bone diseases but its effects on both bone formation and bone resorption should be considered.

## Conclusion

In conclusion, we uncovered novel role for the IFN $\beta$  signaling in controlling the differentiation fate of MSC into osteoblasts versus adipocytes through inhibiting Wnt signaling. Targeting IFN $\beta$  signaling in MSC is therefore a possible approach for controlling MSC differentiation and enhancing bone formation.

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