

Case Report

A Primary Capicua Transcriptional Repressor (CIC)-Rearranged Round Cell Sarcoma of the Neck: A Case Report and Literature Review

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Abstract

This is a case report of a CIC-rearranged sarcoma located in the neck. Our patient was a 36 year-old-woman with unremarkable past medical history who presented with a left lateralized neck mass evolving for one year without other signs. The physical examination showed a bulky left cervical mass of 12cm long axis, with infected and necrotic areas. There was no palpable lymph nodes. A computed tomography (CT) scan was performed and confirmed the suspicious nature of the lesion and did not show distant metastasis. Histology (completed with Fluorescence *in situ* Hybridization (FISH) analysis) of a biopsy confirmed the diagnosis of round cell sarcoma with CIC rearrangement. As the tumor was unresectable, we started with chemotherapy but the tumor progressed after three cycles. The patient could not receive a second line chemotherapy because of the deterioration of the general condition and died after 1 month.

In conclusion, CIC-rearranged sarcoma is a rare tumor and has a poorer prognosis than the classic Ewing Sarcoma (ES). Its treatment is still challenging. More research is needed to establish the optimal treatment strategies.

Keywords: Round cell sarcoma; CIC rearrangement; Chemotherapy; Prognosis

Introduction

CIC-rearranged sarcomas have been relatively recently described as aggressive tumors arising in soft tissues of children and young adults. Although they share partial morphologic overlap with Ewing sarcoma (ES) and variable CD99 expression, emerging molecular data suggest that CIC-DUX4 tumors have a distinct pathogenesis [1]. This tumor presents as a round cell sarcoma, which is a heterogeneous group of undifferentiated sarcomas. In the recent years, identification of novel molecular alterations has greatly improved the classification. In addition to Ewing sarcoma, we currently recognize four main categories: CIC-rearranged sarcomas, BCOR-rearranged sarcomas, round cell sarcomas with EWSR1 gene fusion with non-ETS family members and the unclassified undifferentiated small round cell sarcoma [2]. The aim of this work is to describe a case of this rare tumor occurring in the neck with a review synthesis of the recent literature data.

Case Presentation

Our patient was a 36-year-old woman who presented with of a left lateral cervical mass evolving for one year (Figure 1a). Her history of disease goes back to one year marked by the appearance of a swelling of the left side of the neck, which gradually increased in size becoming painful. At the onset of the disease, there was no deterioration of the general state nor asthenia or weight loss. She had multiple medical consultations and multiple courses of antibiotics but the swelling continued increasing in size. She had no particular past medical history, family history and social history.

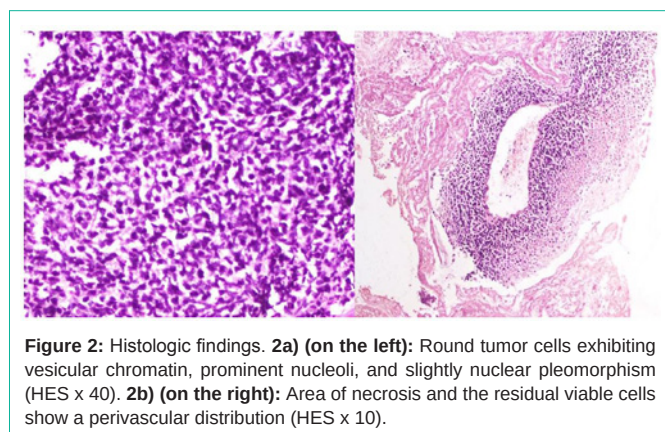
The physical examination showed a patient with a good performance status, a bulky left cervical mass of 12 cm long axis, multi-lobulated with presence of ulcerations, necrotic areas and signs of infection. There was no palpable lymph nodes in the physical examination. A cervical Computed Tomography (CT) scan was performed and showed huge soft tissue mass of the left posterior cervical space measuring 79x67mm in its major axes with multiples cervical and mediastinal lymph nodes (Figure 1). A biopsy was performed. It showed an undifferentiated neoplasm composed of small round tumor cells with round, open chromatic nuclei, and scant cytoplasm in a sheet growth pattern. Areas of geographic coagulative tumor cell necrosis were also noted. Immunohistochemically, ETV4 was diffusely positive. Immunostainings for CD99, KL1, CD34, S100,



Figure 1: Clinical and imaging findings. **1a** (on the left): Clinical presentation: large, widely necrotic latero-cervical tumor. **1b** (on the right): CT scan (axial section): huge soft tissue masse of the left posterior cervical space measuring 79x67mm in its major axes.

Table 1: Molecular alteration in undifferentiated sarcomas with round cell phenotype.

Histological Type	References	Molecular Alteration	Gene Fusion
CIC sarcoma	Italiano A and al (2012) [3]	t (4 ;19)(q35 ;q13)	CIC-DUX4
		t (10 ;19)(q26 ;q13)	CIC-DUX4
	Sugita and al (2014) [4]	t(x ;19)(q13 ;q13.3)	CIC-FOXO 4
			CIC-LEUTX
	Le Loarer F and al (2017) [2]	t (15 ;19)(q14 ;q13.2)	CIC-NUTM1
		t (10 ;19)(q23.3 ;q13)	CIC-NUTM2
BCOR sarcoma	Pierron G (2012) [5]	Inv(X)(p11 ;p11)	BCOR-CCNB3
	Specht and al (2016) [6]	t (4 ;X)(p11,q31)	BCOR-MAML3
	Specht and al (2016) [6]	t (X;22)(p11,q13.2)	BCOR-ZC3H7B
EWSR1-NonETS sarcoma	Sadri N and al (2014) [7]	t (20 ;22)(q13.2 ;q12)	EWSR1-NFATC2
	Sumegi and al (2011) [8]	t (4 ;22)(q31,q12)	EWSR1-SMARCA5
	Mastrangelo and al (2000) [9]	Inv(22)(q12 ;q12)	EWSR1-PATZ 1



Desmin, MDM2, Caldesmon and cyclin B3 were absent. Therefore, we concluded to an undifferentiated round cell sarcoma (Figure 2). A FISH study showed a rearrangement of the CIC gene.

A thoraco-abdomino-pelvic CT scan was carried and was normal. After multidisciplinary meeting, we decided to start with chemotherapy because the lesion was not resectable. The patient received soft tissue sarcoma regimen (three cycles of doxorubicin and ifosfamide) with moderate tolerance but a clinical progression. Radiological evaluation showed also a metastatic progression to the lung. A second line chemotherapy was proposed but the patient came with a deterioration of the general condition and we indicated supportive care. She died after 1 month.

Discussion

This is one of the reports of a CIC rearranged round cell sarcoma diagnosed by molecular genetic research. This entity is the second most frequent type of round cell sarcomas that morphologically resemble to classical ES but is molecularly different.

Until now, small round cell sarcomas look, histologically, like classical Ewing sarcoma but without the EWSR-ETS fusion gene or translocation.

They show small to medium size cells with a solid pattern of growth and no stroma. However, for a few years, increased use of

modern molecular methods based on next-generation sequencing have enabled the identification of distinct subgroups based on the discovery of novel molecular driving events. We currently recognize four main categories: CIC-rearranged sarcomas, BCOR-rearranged sarcomas, round cell sarcomas with EWSR1 gene fusion with non-ETS family members and the unclassified undifferentiated small round cell sarcomas.

Known molecular alterations in undifferentiated sarcomas with round cell phenotype are summarized in Table 1.

CIC rearranged sarcoma is the most frequent and best-characterized subgroup of the family of undifferentiated sarcomas with round cell phenotype. CIC-rearranged sarcoma was first reported in 2006 as Ewing-like sarcoma by Kawamura-Saito. This tumor represents an undifferentiated round cell malignancy, characterized by recurrent CIC (capicua transcriptional repressor) gene rearrangements [3]. The CIC gene is the human homolog of the Drosophila gene Capicua that encodes a high-mobility group box transcription factor and is involved in the development of the central nervous system. The CIC gene present on chromosome 19 acts as a strong transcriptional activator by fusion with the DUX4 gene present on chromosome 4 or 10, causing a t (4;19) or t (10; 19) translocation. DUX4 is the most common fusion partner [3]. A fusion with non-DUX4 gene partners (FOXO4, LEUTX, NUTM1, and NUTM2A) occurs in approximately 5% of cases [4].

This tumor affects young adults with a peak incidence in the fourth decade, with slight male predominance, but it can occur at any age [3]. Patients are generally older than in ES. About 90% of cases arise in soft tissues. It can occur equally in the extremities, trunk/pelvis, head and neck. It arises in visceral organs in approximately 10% of cases [10]. Whereas superficial soft tissues can be involved in less than 10% of cases. In the study of Antonescu CR et al., authors investigate the clinico-pathologic features of a large cohort of sarcomas with CIC gene rearrangement (115 patients) [11]. The mean age was 32 years. Most tumors occurred in the soft tissue (86%), predominantly deep-seated and equally divided between trunk and extremity, followed by visceral locations (12%) and rarely in the bone (3%).

According to the series published recently by Le Loarer et al, the CIC-NUTM1 variant represent a new molecular variant of CIC-

focused sarcomas with a predilection for the central nervous system [2].

There are certain distinctive features associated with CIC-DUX4 positive tumors: the most important is a wider spectrum of cytomorphology with mixture of round, spindle and epithelioid cells. Tumor cells also show increased nuclear size and shape variability, vesicular chromatin with focally prominent nucleoli, in addition to more abundant (typically light eosinophilic) cytoplasm [11]. Mitotic count is generally high (often exceeding 40 mitoses/10 HPF). Neoplastic cells are often organized in a lobular growth pattern, associated with presence of fibrous septa. Confluent geographic areas of necrosis represent a relatively frequent finding [12].

Stromal myxoid change is a common finding in CIC-positive tumors, which is typically absent in Ewing sarcoma [11]. Most CIC-rearranged tumors (84%) shows variable expression of CD99, but only 23% with a diffuse pattern and 16% are completely negative. Nuclear WT1 reactivity is also a consistent finding in CIC-positive sarcomas, in contrast with Ewing Sarcoma. Nuclear expression of DUX4 is consistently present. ETV4 is diffusely expressed as a consequence of the genomic up regulation of the ETV4 gene; however, it is not entirely specific [12].

Regarding treatment, the best strategy for these patients remains unclear. It is believed that these tumors have a more aggressive course when compared with classic Ewing Sarcoma. Complete surgery seems to be the most effective treatment for the CIC-rearranged sarcoma.

However, the effectiveness of chemotherapy is still debated. CIC-rearranged sarcoma is resistant to chemotherapy and often follows a more aggressive clinical course. Most of available data about chemotherapy are limited to retrospective case reports or series. In most studies with neoadjuvant chemotherapy, the regimens used were vincristine, Ifosfamide, doxorubicin and Etoposide. Responses were in fact minimal, and if achieved, were generally transient with rapid progression owing to drug resistance. Therefore, clinicians must carefully consider the approach in patients who present with localized disease and may be treated similarly to soft tissues sarcomas. The best strategy is not clear yet and prospective collection of multi-institutional data will help in evaluating the response to neo-adjuvant chemotherapy. Even in our patient, the tumor had progressed and the patient developed early local recurrence and distant metastases to the lung and liver and died despite first and second line chemotherapies [13].

In our study, the prognostic of our patient was very poor with a short survival. These findings are confirmed by the results of the cohort of Antonescu CR et al. [11]. In this study the 5-year, overall survival was 43% for the entire group and 49% for the patients who presented with localized disease at diagnosis. The overall survival was significantly lower compared to the localized Ewing sarcoma cohort, matched for stage and age, which showed a 5 year-survival of 76%. Yoshida et al found, also, a statistically significant inferior overall survival in a smaller cohort of 20 CIC-rearranged sarcomas compared to a group of 53 Ewing sarcoma patients [14].

The prognosis of CIC-rearranged sarcoma remains poor with a high metastatic risk. Most metastases sites reported were the lung, the liver, brain, pleura, thyroid, bone, and soft tissues.

Conclusion

We report a case of highly aggressive CIC-rearranged sarcoma of the neck with poor outcome and very short survival. These sarcomas are highly malignant with a poor prognosis even after radical resection. The accumulation of further cases is desirable to establish optimal treatment strategies.

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