Case Report

Simultaneous Bilateral Dentigerous Cysts at the Mandibular Notch with Ectopic Third Molars: A Case Report

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Abstract

Dentigerous cysts usually develop in the 2nd to 4th decades of life and contain the crown of an unerupted or impacted tooth. It is commonly observed in the mandibular third molar region. Typically, this kind oflesion presents withno symptoms, is often discovered during routine radiographic examination, and presents unilaterally. We report a case of a 59-year-old woman with bilateral radiolucent lesions located at the incisula mandibulae, containing the third molars. Histology of the specimens extracted from both sides showed findings of infected dentigerous cysts. It is an unusual case with regard to the site of the cysts as well as their simultaneity and bilaterality.

Keywords: Dentigerous cyst; Incisula mandibulae; Impacted teeth; Tooth retention

Introduction

Dentigerous cysts account for approximately 20% of the cysts developing in the jawbone and the second most common odontogenic cyst after radicular cyst [1-3]. They are common in the mandibular third molar and maxillary canine regions and-contain the crown of the impacted tooth [4]. There are a few reports on the unilateral development of this cyst in the mandibular notch; however, its bilateral occurrence at the mandibular notches has never been reported [5,6]. Dentigerous cysts, in general, present withno symptoms and are found accidentally on dental radiographic examination. However, as this lesion grows, it displaces adjacent teeth and becomes palpable. An infected lesion can cause an abscess or a phlegmon. Here, we present a rare case of bilateral dentigerous cysts in the vicinity of the mandibular notches with impacted third molars unexpectedly discovered following infection.

Case Report

A 59-year-old woman presenting with pain in her mandibular right molar and difficulty with opening her mouth was referred to our hospital by a private dentist. She was hypertensive and was taking antihypertensive medication (bisoprolol fumarate and perindopril erbumine).

At the first visit, her facial findings were normal, and there was neither swelling in the oral cavity nor natural drainage; however, drainage of pus was confirmed distal to the bilateral second molars on application of pressure. Bacterial test results for pus detected only indigenous bacteria of the oral cavity. A panoramic radiograph showed two unilocular lesions containing impacted teeth located in the vicinity of the bilateral mandibular notches, with root apexes of the buried teeth reaching the mandibular notches (Figure 1A). Computed tomography showed bilateral circular lesions continuing to the crowns of the impacted teeth in the mandible. The boundary of the lesions was clear, with slight buccolingual bulging and no effect on the surrounding soft tissue(Figure 1B&C). Despite the atypical positions of the impacted teeth, dentigerous cysts with infection were suspected based on radiographic findings.

We suggested two treatment options to the patient: 1) biopsy followed by surgical management under general anesthesia based on the histopathologic findings and 2) direct surgical management followed by determination of the need for additional treatment. The patient preferred the latter. Following antibiotic therapy for a few days, we performed bilateral maxillary cystectomy and bilateral tooth extraction with an intraoral approach under general anesthesia. Histopathological examination mainly revealed inflammatory granulation tissue and

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findings suggestive of cystic epithelium and tooth cysts with infection or inflammation (Figure 2). A panoramic photograph taken on the first postoperative day showed that the impacted teeth were completely removed (Figure 3A). Judging from the histological result, we did not perform an additional operation and followed up on the patient. There was no recurrence, and normal bone healing was observed 6 months postoperatively (Figure 3B).





Figure 1: Evaluation of the positions of the impacted third molars and cysts on dental radiography **(A)** and computed tomography (CT) **(B**; soft tissue window and **C**; bone window) before treatment. Radiography and CT showing bone resorption from the mesial edge of the incisula mandibulae to the impacted third molar teeth on both sides. The dotted red circles indicate the lesion.



Figure 2: Histpathological image of a sample stained with hematoxylin and eosin showing cystic epithelium mainly composed of inflammatory granulation tissue (magnification, A: ×40, B: ×100 and C: ×200.).

Discussion

In the present case, the impacted third molars with dentigerous cysts were present bilaterally at the mandibular notches. Simultaneous impaction of both teeth at an atypical site, such as the mandibular notch, is unusual. A



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Figure 3: Panoramic radiographs taken 1 day (A) and 6 months (B) postoperatively.

The teeth and cysts completely removed (A), and normal bone regeneration observed with no recurrence of the lesion (B).

Ectopic impacted teeth are located away from the normal path of eruption because of abnormal positioning of the tooth germ or movement of impacted teeth. The mandibular third molars are the most frequently impacted teeth, and the impaction may occur in any part of the mandible [7]. However, impaction at the mandibular process or mandibular notch is rare. On reviewing the literature, only 30 cases, including our cases, of impacted wisdom teeth in the ascending ramus of the mandible were found. Of these, only 2 cases were recognized as occurring bilaterally [8-10]. There are various hypotheses regarding their etiology, such as aberrant position of the tooth germ, trauma, and displacement due to pathological lesions [11]. However, in most cases, dentigerous cysts were implicated. Of the 30 cases,20 were accompanied by dentigerous cysts on the impacted wisdom teeth. Therefore, in relation to the third molars, ectopic tooth germs are rare, and it is speculated that pathologic lesions may push and displace the superior teeth to an ectopic position. In addition, it is also reported that inflammation of the pathological lesions contributes to further displacement of the teeth [9]. Dentigerous cysts usually occur in the mandibular third molar, mandibular premolar, and maxillary canine regions. Previous reports indicate bilateral mandibular odontogenic cysts are often correlated with syndromes, such as basal cell nevus syndrome, mucopolysaccharidosis, cleidobranchia dysplasia, and and drugs, such aslong-term use of cyclosporine and calcium channel blockers [12,13]. Including our own case, 12 cases of cysts at both sides of the mandible body or ramus of mandible region without prior history of syndromes have been reported [14].

In this case, we found impacted wisdom teeth bilaterally in the mandibular notch region. It is unlikely that the tooth germs on both sides existed originally in the mandibular notch region andthat the cyst had caused resorption of the cortical bone from incisula mandibulae without enlargement in the bone marrow and had reached the oral mucosa. Instead, it is more likely that cystic internal pressure caused the teeth to move apically, simultaneously. In addition, it is surmised that the intraluminal pressure of the cyst further increases because of infection, displacing teeth more than usual to the mandibular notch. Although rare, the presentation of the bilateral cysts in our case may be attributed to their simultaneous infection.

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Conflicts of Interest

The authors declare no conflicts of interest.

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